

## THREE-DAY KARATE DISPLAY

**Rustenburg** – The Ben Marais Hall in Rustenburg is the venue for Traditional Styles Known Knowledge In Action (TSKKIA) 2019 – a karate showcase that will feature a variety of styles such as kata, unison katas, weapons, kumite and bo-kata.

TSKKIA 2019 will run from Friday 11 October to Sunday 13 October with the objective of encouraging both the young and the old to take up the sport as a means of instilling a disciplined and healthy approach towards life.

TSKKIA, a karate club established by kancho Albert Venter, has been instrumental in training and grooming students of the sport in and around Rustenburg. Several martial arts students who have been trained by kancho Albert and his instructors have gone on to take part in many national and international competitions.

The showcase is open to competitors of all ages and those who finish within the top three in each category will receive prizes.

If you enjoy watching karate or would like to learn a thing or two about how to defend yourself, then this karate display is for you.

For more information contact TSKKIA headquarters at 082 463 1073 or visit [www.tskkia.co.za](http://www.tskkia.co.za).



Kancho Albert Venter and one of his students, sensei Aryan Manilall.

## THE BEST OF THE BEST AT GRENVILLE

**Rustenburg** – Hats off to the following Grenville Secondary School learners who were announced as the top 10 academic learners in their respective grades.

**Grade eight:** Keletso Monyeki, Rearapetse Mekgoe, Lebogang Mooki, Tshiamo Ramatja, Oratile Ngwenya, Onthatile Phakalasang, Kamogelo Ralesigo, Anozivhiashe Musonza, and Kamogelo Mosetlo.

**Grade nine:** Oratile Robinson, Onkabetse Moagi, Blessing Monageng, Semnikiwe Morobe, Reamogetse Matshaba, Palesa Moiloe, Karabo Sekokodi, Oarabile Molifi, Gomolemo Rangaka, and Kopano Menzi.

**Grade 10:** Tlotlo Lethulwe, Amberose Nong, Reabetswe Ntsime, Donald

Ledikwa, Tshepo Mokotedi, Olebogeng Diale, Pabalelo Molefe, Duduetsang Malefetse, Phemelo Tlhakanye, and Kelebogile Mathibe.

**Grade 11:** Karabo Lebatlang, Ofentse Diale, Remofilwe Mannafela, Reagile Rapoo, Njabulo Mafologela, Dineo Mhlongo, Petronella Merakeng, Tshagofatso Molaolwa, Tshagofatso Mogotle, Oratile Sethole, and Shantal Bossert.

**Grade 12:** Boitshoko Radebe, Bonolo Kotsedi, Reotshpile Mdangai, Dimakatso Nqabe, Tshireletso Mosesane, Omogolo Lebatlang, Oratile Lekgetho, Reaobaka Mmebe, and Onalenna Tiro.



Grade eight top 10.



Grade nine top 10.



Grade 10 top 10.



Grade 11 top 10.

## BERGSIG HOU MATRIEKAFSKEID

**Rustenburg** – Met die eindeksamen-spook wat sy kop begin uitsteek, is daar ook die groot lekkerkry van uitsien na die hoogtepunt van menige matriekleerling se skoolloopbaan – die matriekafskeid. Die matriekleerlinge van Bergsig Akademie het op Vrydag 4 Oktober dié spoggeleentheid by Hedgehog's Nest bygewoon.



Riané Kemp



Llewellyn Janse van Rensburg (links) en Naomi de Beer.



Eric Strydom (links) en Amber Roos

## GESONDHEID UIT DIE GROND UIT

**Rustenburg** – Die Vroue Landbou Unie (VLU) Kashané aand-tak het op Dinsdag 24 September 'n uitstappie onderneem na Rugani waar wortelsap gemaak word van oorskot wortels. Daar word geen suiker, water of preserveermiddels bygevoeg nie en is 100% natuurlike sap. Rugani maak ook beet en pynappelsap. Hul het ook die voorreg gehad om van Rugani se nuwe appelsap, wat eersdaags op die rak sal wees, te proe.



Van links: Charmaine Olivier, Paul Coetzer, Isabel Pieterse en Marie Williams.

## RUSTENBURG GOLF CLUB CELEBRATES 43TH ANNUAL ORANGE BLOSSOM

**Rustenburg** – Rustenburg Golf Club celebrated their 43th annual Orange Blossom tournament from Friday 4 October to 6 October.

This event kicked off with a pageant to find the new miss Orange blossom 2019 and the course was filled with great golf enthusiast playing the game they love.

### RUSTENBURG GOLF CLUB 2019 WINTER CLASSICS WINNING RESULTS

#### A-Division-Medal

- Gross First Place – J Anderson – 143
- Second Place – JF Krugel – 143
- Nett First Place – P Sefodi – 141
- Second Place – S Jacobs – 141

#### B-Division- Medal

- Gross First Place – M Seymour – 168
- Second Place – NT Shaba – 171
- Nett – JP le Grange – 151

#### C-Division IPS

- First Place – J Bezuidenhout – 64
- Second Place – M Maia – 63
- Junior Division
- Gross first place – H Naude – 148
- Nett first place – MC Botha – 137

**Overall gross – C de Swart – 142**

**Overall Nett – J Phiri – 137**



Ready for a round of golf.



A nice cold drink after a long day on the course.

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